

Where to buy fairly traded goods locally

all phone numbers in this guide begin with 01768 unless otherwise stated)

Outlets that sell food, drink and other products with the Fairtrade logo.

The Alpaca Centre Stainton t: 891440
Alston Wholefoods, Alston t: 01434 381588
Bells of Lazonby 898437
Booths t: 890666
Brunswick Deli, Penrith t: 210500
Penrith Co-op Appleby t: 017683 51577
Burrowgate, Penrith t: 862366
Lazonby t: 898210
Kirkby Stephen: 017683 72176
Shap: 01931 716202
The Emporium, Kirkby Stephen
t: 017683 71383
Feel-good Factory, Appleby t: 017683 54129
Glenridding Mini Market t: 017684 82322
The Green Mangel Organics (fruit & veg stall)
t: 0845 458 3164/077 604 88036

Greystone House Farm Shop & Tearoom, Stainton t: 866952
Holland & Barrett t: 892395
J&J Graham t: 862281
The Lion Gallery, Penrith t: 867299
Moody Baker Coop, Alston t: 01434 382003
Morrisons t: 867631
Nature's Health Store t: 899262
Oxfam t: 863064
The Co-operative t: 891455
Sainsburys t: 245800
St. Andrew's Coffee Shop t: 862867
Victoria Fairtrade Clothing and Accessories
Castlegate, Penrith t: 840994
The Watermill, Little Salkeld t: 881523

cafes/restaurants with fairly traded food, drinks, snacks

Airaforce Tearoom t: 017684 82881
St. Andrew's Coffee Shop t: 862867
Bells of Lazonby Cafe, Penrith t: 866870
Booths Coffee shop t: 890666
The Bridge Youth Cafe t: 862787
Penrith Coop Coffee Shop t: 862336
Country Coffee Shop t: 210100
The George Hotel t: 862696
Gigabite Cyber Cafe t: 861650
Greggs Bakeries t: 862164
Mill Yard Cafe, Morland t: 01931 714155
Narrowbar Cafe t: 891417

Number 15 t: 867453
The Magic Bean t: 867474
Miners Arms, Nenthead: 01434 381427
The Old Smithy, Caldbeck t: 016974 78246
The Soup Shop t: 864291
The Watermill Cafe, Caldbeck
t: 016974 78267
White Horse Inn Threlkeld t: 017687 79241
Wordsworth Cafe t: 210604

local Faith communities supporting fair trade

Appleby Churches Together
Church in the Barn t: 840977
Kings Church Eden t: 892360
Penrith Methodist Church t: 862787

Penrith Quaker Meeting
Penrith United Reformed Church
St. Andrew's Church t: 862867
St. Catherine's RC Church t: 862273
Salvation Army t: 866732

businesss, workplaces, tourist attractions and schools offering fairly traded goods

Beaconside Primary School t: 242172

Bridge Youth Club t: 862787

Church Gallery, Kirkby Stephen

t: 017683 72395

Cumbria Action for Sustainability t: 210276

East Cumbria Countryside Project,

Warwick Bridge t: 01228 561601

Eden Council for Voluntary Services

t: 242138

Eden District Council t: 212137

Environment Agency t: 08708 506506

Greystoke Castle Estate, Greystoke

t: 017684 83772

High Head Sculpture Valley, Ivegill

t: 016974 73552

Long Marton Primary t: 017683 61397

Orton Farmers Ltd. t: 015396 24899

High Hesket School t: 016974 73386

The Outward Bound Trust at Ullswater

t: 017684 85000

PACT: www.penrithact.org.uk

Penriddock Primary School t: 017684 83278

Rhedged t: 01768 868000

Skelton Primary School t: 017684 84367

Soroptimists t: 01768 210450

St. Catherine's RC School, Penrith

t: 01768 242170

The Ullswater Association www.ullswater.com

University of Cumbria (Newton Rigg):

t: 893400

Ullswater Community College t: 242160

Volunteer Centre Eden t: 866966

Voluntary Action Cumbria t: 242130

guesthouses, B&Bs, hotels, hostels and self-catering using fairly traded produce

Bluebell House, Sowerby Row,

t: 016974 76641

Broom Cottage B&B t: 017683 62896

Brow Farm B&B, Dufton, Appleby

t: 017683 52865

Craketrees Manor B&B, Crosby Ravensworth

t: 01931 715205

Dufton Youth Hostel, Appleby

t: 017683 51263

Elm House Guest House, Pooley Bridge,

t: 017684 86334

Greenah B&B, Matterdale,

t: 017684 83887

Knotts Mill Country Lodge,

Watermillock t: 017684 86699

Monkhouse Hill Self-Catering

Cottages, Sebergham t: 016974 76254

Hall Croft B&B, Dufton, Appleby

t: 017683 52902

Old Hall Farmhouse B&B

Bongate, Appleby t: 017683 51773

Old Water View, Patterdale

t: 017684 82175

Rosebank Holiday Cottage,

Sockbridge t: 01642 588288

Scale House Farm B&B, Renwick

t: 896493

Scales Farm Country Guest House, Threlkeld

t: 017687 79660

Slakes Farm B&B, Milburn,

Appleby t: 017683 61385

Sunningdale B&B, Stainton

t: 863280

The Cottage @ Andrew House B&B,

Stainton t: 862510

The White House B&B,

High Hesket t: 016974 75368

Westmorland Hotel, Orton, Penrith

t: 015396 24351